

Martial Arts

Shotokan

All Shotokan classes are taught by instructors of the Illinois Shotokan Karate Club; under the direction of John DiPasquale, four time National Champion, U.S. Karate National Coach and National Faculty Member of ACEP (American Coaching Effectiveness Program). **Beginning students will not be permitted to register into the current session after the second class has met.** Registration for continuers through advanced students will be accepted after the start date, but full class fee will be required. Uniforms and belt testing are options available through the ISKC instructor.



Shotokan Pre-Karate

Ages 5-7 **Classes Vary**
Through a variety of fun and creative activities, young children will develop coordination, strength, memory, agility and personal safety skills in a well supervised setting. (MC)

Geneva Location
\$80 (N/R \$90) - 10 Weeks **GCC**
Beginner/Continuer

65828 W 4/7-6/9 4:15 - 5:00 pm
Novice (3 or more prior sessions)
65829 W 4/7-6/9 5:05 - 5:50 pm

St. Charles Location
\$72 (N/R \$82) - 9 Weeks (ST) **Munhall**
Beginner/Continuer

65830 M 4/5-6/7* 4:00 - 4:45 pm
Intermediate/Advanced (3 or more prior sessions)
65831 M 4/5-6/7* 4:50 - 5:35 pm

* No Class on 5/31 and class on 6/7 will be held at PCC

Batavia Location
\$80 (N/R \$100) - 10 Weeks (B) **BCC**
Beginner/Continuer

65832 F 4/9-6/11 4:15 - 5:00 pm
Novice (3 or more prior sessions)
65833 F 4/9-6/11 5:05 - 5:50 pm

Shotokan Youth Karate

Ages 8-14 **Classes Vary**
Karate skills help children build coordination, agility, strength, poise, and personal safety skills in a well-supervised setting. *Please note: this class will train with Youth and Adult Classes. (MC)

Geneva Location
\$80 (N/R \$100) - 10 Weeks **GCC**
Beginner/Continuer (White – Orange Belt)

65834 W 4/7-6/9 6:00 - 6:55 pm
Novice (Yellow - Green Belt)
65835 W 4/7-6/9 7:00 - 7:55 pm

Intermediate (Purple Belt)
65836 W 4/7-6/9 8:00 - 9:00 pm
\$97 (N/R \$107) - 10 Weeks **GCC**

Advanced (Brown – Black Belt Only)
65837 W 4/7-6/9 8:00 - 9:15 pm

St. Charles Location
\$72 (N/R \$82) - 9 Weeks (ST) **Munhall**

Beginner/Continuer (White - Orange Belt)
65838 M 4/5-6/7* 5:40 - 6:35 pm
Novice (Yellow - Blue Belt)

65839 M 4/5-6/7* 6:40 - 7:35 pm
Intermediate/Advanced (Green Belt & Up)
65840 M 4/5-6/7* 7:40 - 8:35 pm

* No Class on 5/31 and class on 6/7 will be held at PCC

Batavia Location
\$80 (N/R \$90) - 10 Weeks (B) **BCC**
Beginner/Continuer (White Belt)

65841 F 4/9-6/11 6:00 - 6:55 pm
Novice (Orange - Blue Belt)
65842 F 4/9-6/11 7:00 - 7:55 pm

Intermediate (Green - Low Purple Belt)
65843 F 4/9-6/11 8:00 - 9:00 pm

\$97 (N/R \$107) - 10 Weeks (B) **BCC**
Advanced (High Purple & Up)

65844 F 4/9-6/11 8:00 - 9:15 pm

Shotokan Parent/Child

Ages 7 & older **Classes Vary**
This program is an excellent opportunity to share quality time with your child while developing muscle tone, coordination, cardiovascular fitness and karate skills. *Please note: this class will train with Youth and Adult Classes. Fees are per person. (MC)

Geneva Location
\$90 (N/R \$100) - 10 Weeks **GCC**
Beginner/Continuer (White – Orange Belt)

65817 W 4/7-6/9 6:00 - 6:55 pm
Novice (Yellow - Green Belt)
65818 W 4/7-6/9 7:00 - 7:55 pm

Intermediate (Purple Belt)
65819 W 4/7-6/9 8:00 - 9:00 pm
\$97 (N/R \$107) - 10 Weeks **GCC**

Advanced (Brown – Black Belt Only)
65820 W 4/7-6/9 8:00 - 9:15 pm

St. Charles Location
\$72 (N/R \$82) - 9 Weeks (ST) **Munhall**

Beginner/Continuer (White - Orange Belt)
65821 M 4/5-6/7* 5:40 - 6:35 pm
Novice (Yellow - Blue Belt)

65822 M 4/5-6/7* 6:40 - 7:35 pm
Intermediate/Advanced (Green Belt & Up)
65823 M 4/5-6/7* 7:40 - 8:35 pm

* No Class on 5/31 and class on 6/7 will be held at PCC

Batavia Location
\$80 (N/R \$100) - 10 Weeks (B) **BCC**
Beginner/Continuer (White Belt)

65824 F 4/9-6/11 6:00 - 6:55 pm
Novice (Orange - Blue Belt)
65825 F 4/9-6/11 7:00 - 7:55 pm

Intermediate (Green - Low Purple Belt)
65826 F 4/9-6/11 8:00 - 9:00 pm
\$97 (N/R \$107) - 10 Weeks (B) **BCC**

Advanced (High Purple & Up)
65827 F 4/9-6/11 8:00 - 9:15 pm

Don't Miss

Adult Shotokan Classes &
Adult Athletic Leagues

Turn to page 65 for details!

Tae Kwon Do

Grand Master Cho and his instructors from Bill Cho's United Taekwondo Center are focused on providing your family with a true martial arts experience. Our main focus is to instill life value success traits through achievement and positive interaction.. Uniforms and testing are optional, available through our headquarter location in St. Charles. **Please contact us for any questions at 630.513-5433.**

Little Tigers Tae Kwon Do

Ages 5-9 **6 Classes**
Participants will learn the basics of Tae Kwon Do in a safe and professional environment. Tae Kwon Do will help to improve your child's listening and development as well as improve future behavior. (MC)

\$48 (N/R \$58) **SPRC**
65815 Sa 4/10-5/15 9:00 - 9:45 am

Family Tae Kwon Do

Ages 5 & older **8 Classes**
Together, you will learn the basics of Tae Kwon Do plus traditional Korean customs, words and phrases. Burn calories and have fun as a family. (MC)

\$48 (N/R \$58) **SPRC**
65814 Sa 4/10-5/15 10:00 - 11:00 am

Did you know?

Registering early helps to reduce cancelled programs

*Save time and go online
www.genevaparks.org*



Karate & Aikido

Mike Neil Traditional Martial Arts Academy is located at 19 S. Lincolnway in North Aurora. **Required uniform must be purchased from the Academy, at the first class. All levels of rank may register for MNMA Park District programs.**

Pre-School Tang Soo Do

Ages 4-5 **14 Classes**
This program emphasizes positive reinforcement that helps to build self esteem, confidence, discipline, and focus. Emphasis is on focus, teamwork, structure, protocol and impulse control. (MC)

\$100 (N/R \$110) **SPRC**
65816 T/Th 4/6-5/20 4:00 - 4:30 pm

Children's/Youth Tang Soo Do

Ages 6-13 **14 Classes**
Participants will work on a variety of drills that help to build self esteem, confidence, discipline, and focus. Emphasis is on improving discipline, respect, self-confidence and developing tools for making good decisions. (MC)

\$100 (N/R \$110) **SPRC**
65813 T/Th 4/6-5/20 4:30 - 5:15 pm

Aikido

Ages 10 & older **8 Classes**
Aikido is characterized by its sweeping movements and graceful throws. It does not rely on physical strength to execute its techniques. There is no competition in Aikido between its students. Proper etiquette, stretching, rolling, falling and beginning techniques will be shown. Please wear comfortable clothes.

Instructor: Joe McMahon. (MC)
\$58 (N/R \$68) **GCC**
66394 Tu 4/6-5/25 7:15 - 8:15 pm

CELEBRATE WITH US!

Geneva Park District has a variety of fun party options -

Make a Splash with a pool party
Details on page 9

Discover nature at Peck Farm Interpretive Center
Several party packages to choose from
Details on page 21

Swing into the fun at Stone Creek Miniature Golf Course
Details on page 19

Celebrate at the Stephen D. Persinger Recreation Center

- Batting Cage Party
- All Star Sports Party
- All Star Cheer Party
- Wii Party & More

Details on page 9

*For details, turn to page 9 or visit us online @ www.genevaparks.org
It's where the party's at!*

Turn to page 65 for Adult Shotokan Programs and Athletic Leagues